

# BRISTOL STOOL CHART

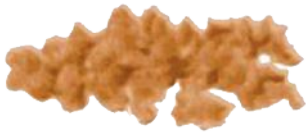
This Volume Control Goes to Eleven Reverse Countdown Version by Under Design in 2023



## TYPE 7

### SEVERE DIARRHEA

Liquid consistency with no solid pieces



## TYPE 6

### MILD DIARRHEA

Mushy consistency with ragged edges



## TYPE 5

### LACKING FIBER

Soft blobs with clear-cut edges



## TYPE 4

### NORMAL

Like a smooth, soft sausage or snake



## TYPE 3

### NORMAL

A sausage-shape with cracks in the surface



## TYPE 2

### MILD CONSTIPATION

Lumpy and sausage like



## TYPE 1

### SEVERE CONSTIPATION

Separate, hard lumps



## TYPE 0

### SHITTIN' BRICKS

Squared hard and stacked